



# Catalogue of Contents

Plastic Surgery Education (<http://www.plasticsurgeryeducation.com>) is redefining and refining how we plastic surgeons train!

With a crisp, structured library of high definition & clinically focused surgical videos, Plastic Surgery Education brings to you the most practical and precise insights in reconstructive surgery.

Every video blends academic rigor with practical clarity, ensuring that each video is both time-efficient and deeply informative. Whether you're preparing for presentations, engaging in academic discussions, or planning your next surgery, this portal provides refined, real-world insights that strengthen technique and confidence.

We invite you to explore the vast content library and experience a new standard of crisp, high-quality surgical videos tailored for both trainees and practicing plastic surgeons.

Happy Viewing!

Sr. No	Contents
1.	Comprehensive Video Atlas Of Lower Extremity Flaps
2.	Decision Making In Lower Limb Reconstruction
3.	Comprehensive Video Atlas Of Upper Extremity Flaps & Procedures
4.	Comprehensive Video Atlas Of Flaps & Procedures For HNF Region
5.	Comprehensive Video Atlas Of Planning & Case Discussions In Plastic Surgery
6.	Comprehensive Video Atlas Of Tendon Transfers
7.	Comprehensive Video Atlas On Post Burn Reconstruction
8.	Master Class On Post Burn Neck Contractures
9.	Master Class On Bio-geometry Of Flaps (How To Plan & Draw)
10.	Focussed Topics- Elaborate Discussions
11.	Beyond The Knife- Candid Conversations
12.	Whys In Plastic Surgery
13.	Ask The Examiner – Insights Beyond The Exam Room
14.	Plastic Surgery - One Minute Takeaways
15.	Patient Education & Advocacy

# Comprehensive Video Atlas Of Lower Extremity Flaps & Procedures

Free Flap	Thigh, Knee & Upper Third Leg - Flaps	Middle Third Leg - Flaps	Lower Third Leg - Flaps
RAFF	Reverse ALT	Proximal Sural	Reverse Sural
ALT	Keystone	Soleus	Lateral Calcaneal Art.
Fibula	Anteromedial Thigh	Transposition	Medial Plantar & Reverse Medial Plantar
	Gastrocnemius Muscle	Keystone	Propeller- PTA
	Gastrocnemius Myocutaneous	Cross Leg	Supramalleolar
	Propeller	Bipedicle	Peroneus Brevis
		Split Tibialis Anterior	Reverse Sural – Lateral Approach
			Tendoachilles Z Lengthening

Lectures
Fasciocutaneous Flaps- Tips & Tricks For Better Outcomes
Muscle Flaps – Tips & Tricks For Better Outcomes
Principles Of Debridement
Propeller Flaps: General Concepts & Planning

# Decision Making In Lower Extremity Reconstruction: From Dilemma To Decision - The Thought Process

A focused, case-based session crafted for plastic & reconstructive surgeons.

This course simplifies the complexity of lower limb reconstruction into structured, practical decision-making.

This isn't just a flap atlas: it's a thought process!!

You'll gain insight into real-life decision-making.

The kind that matters in the Operation theatre and day to day practice!

With a focus on clear planning, anatomical reasoning, and case-based discussion,  
this course will help sharpen your reconstructive thought process!

Discussion With 75 Clinical Cases

4 Questions For Decision Making In  
Lower Limb Reconstruction

Decision Making For Knee Defects

Decision Making For Upper Third And  
Middle Third Defects

Decision Making For Lower Third And  
Sole Defects

# Comprehensive Video Atlas Of Upper Extremity Flaps & Procedures

Free Flap	Arm, Elbow & Hand Defects - Flaps	Thumb Defects - Flaps	Finger Defects - Flaps	Distant Pedicle Flaps	Tenosynovitis	Others
RAFF	LD Muscle	FDMA	VY Neurovascular	Groin	Adult Trigger Finger	Syndactyly
ALT	LD Myocutaneous	FDMA-bilobed	Lateral VY	Abdominal	Paediatric Trigger Finger	Carpal Tunnel
Fibula	Reverse Lateral Arm	Dorsocubital/Brunelli	Cross Finger & Reverse dermal cross finger		Dequervains	Dupuytren's - Fasciectomy
	Reverse Radial	Radial Thenar/Moschella	Thenar			Glomus Tumour Excision
	Propeller - Ulnar A	Dorsoradial Forearm	Quaba & Extended Quaba			Dupuytren's – Needle Aponeurotomy
	Brachioradialis	Moberg	Retrograde Advancement			Anterior Transposition – Ulnar Nerve
	PIA/AIA Flap		Digital Artery Perforator			AIN To Ulnar Nerve Transfer
			Ulnar Digital Artery Perforator			
			Reverse Homodigital			

Lectures	
Hand Incisions-do's & Don'ts!	Dilemmas In Fingertip Reconstruction
Flaps For Hand Defects	Flaps For Finger & Thumb

# Comprehensive Video Atlas Of Flaps & Procedures For HNF Region

Free Flap	Scalp/Forehead - Flaps	Ear - Flaps	Eyelid - Flaps	Nose- Flaps	Cheek/Buccal Mucosa Flaps	Others
RAFF	Transposition	TP Fascia	Cutler Beard	Nasolabial	PMMC	Dimple Creation
ALT	Trapezius	Antia Buch	Mustarde	Facial Artery Perforator	Nasolabial	Macrostomia
Fibula	Keystone For Forehead	Otoplasty	Propeller	Propeller	Transverse Forehead	PMMC For Pharynx
	Vertex- Transposition		Tenzel	Forehead	Submental	Torticollis
			Modified Frickes		Platysma	Tongue To Lip Adhesion
			Glabeller Flap			Keystone For Neck Defect

## Lectures

[Eyelid Reconstruction- Simplified](#)

[Reconstruction Of Scalp Defects](#)

# Comprehensive Video Atlas Of Flap Planning

Free Flap	Head – Neck – Face Flaps	Upper Extremity Flaps	Lower Extremity Flaps	General	Case Discussions
RAFF	Deltpectoral	FDMA	Sural	7 Mistakes Of Flap Planning	Large Knee Defect
ALT	PMMC	PIA	Propeller	Flap Planning And Territories!	Proximal Leg Defect
LD	Forehead	RAFF	Transposition		Lower Lid Defect
	Skin Paddle Designing - PMMC	Lateral Arm	Reverse ALT		Upper Lip Defect
	Forehead flap designs & vascular basis	Skin Paddle Designing - RAFF	Proximal ALT - Pedicled		Middle Third Leg Defect
			TFL		M3rd-l3rd Leg Defect
			Medial Plantar		Propeller Flaps
			FC –PTA Axis		Flaps For Scalp
			FC –Peroneal Axis		
			FC –ATA Axis		

# Comprehensive Video Atlas Of Tendon Transfers

## Videos

Principles Of Tendon Transfer

Lasso Procedure For Claw Hand

Brands Extensor To Flexor Many Tailed Tendon Transfer Using Fascia Lata Extension

EIP To EPL Transfer

Opponensplasty

Half FPL Transfer

Tibialis Posterior Transfer For Foot Drop

# Comprehensive Video Atlas Of Post Burn Reconstruction

## Videos

PBC Elbow Release By Bipedicle Flap

PBC Axilla Release By Subcutaneous Propeller Flap

PBC Knee Release

PBC Finger Release

Ulnar Digital Artery Flap For Little Finger Contracture

Retrograde Advancement Flap For Little Finger Contracture

Multiple Burn Contractures- Elbow, Wrist And Hand: Single Stage Release

PBC Axilla Release- Square Flap

# Masterclass On Post Burn Mento-sternal Contractures

Videos
Anaesthesia For PBC Neck
Classification
Case Presentation & Discussion
How To Mark True & Apparent Defect
Vancouver Score Calculation & Scar Assessment
Operative Video
Case Series With Outcomes
How To Give A Tie Over Dressing
Unfavourable Results – Tips To Improve
Splints
Discussion – Preoperative Considerations
Discussion – Intraoperative Considerations
Discussion – Postoperative Considerations
Prevention Of Neck Contractures

# Masterclass On Bio-geometry Of Flaps

Videos
Double Opposing Z Plasty
Four Flap Z Plasty
Z Plasty In Series
6 Flap Z Plasty
Bilobed Flap
Dufourmental Flap
Limberg Flap
Propeller Flap
Rotation Flap
Transposition Flap
VY Flap
W Plasty
Geometric Broken Line Closure
Z Plasty, W Plasty & GBLC
Advancement Flap

## CME Series

### Videos

[All About Pressure Sores](#)

[All About Radial Artery Forearm Flap](#)

[All About Sural Flap](#)

[All About Fibula Flap](#)

[All About Abdominal Wall Reconstruction](#)

[All About ALT Flap](#)

[All About PMMC Flap](#)

## Ask The Examiner Sessions

### Guest Examiner

[Dr. Vinita Puri – Post Burn Reconstruction](#)

[Dr. Rajesh Powar - Clefts](#)

[Dr. Jiten Kulkarni- Hypospadias](#)

## Why's In Plastic Surgery

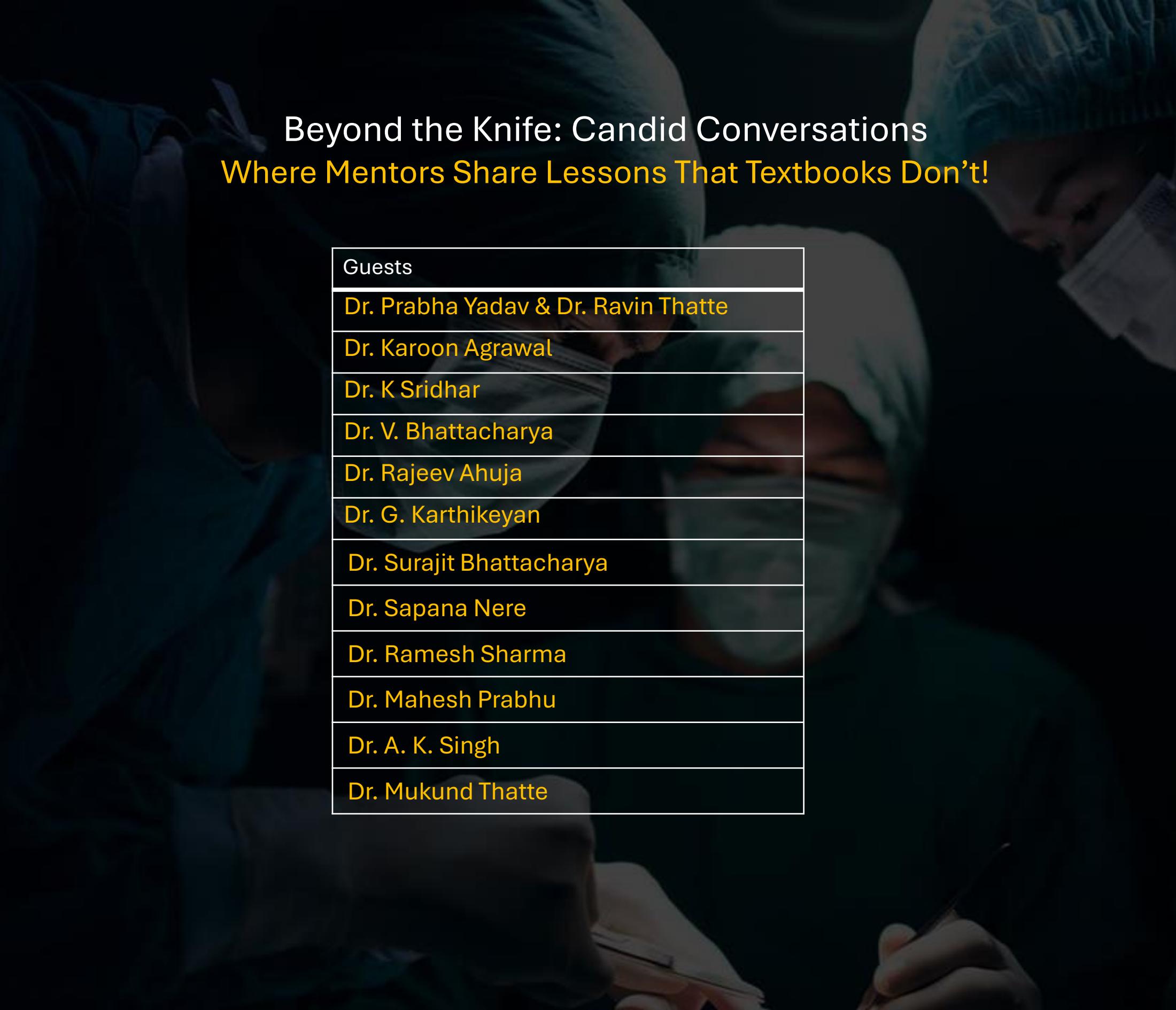
### Videos

[Over 50 Why's Commonly Encountered In Clinical Practise! Because when the 'why' is clear, the 'how' becomes easy.](#)

## Plastic Surgery : One minute takeaways

### Videos

[Core topics frequently addressed in clinical discussions.](#)



# Beyond the Knife: Candid Conversations

## Where Mentors Share Lessons That Textbooks Don't!

Guests
Dr. Prabha Yadav & Dr. Ravin Thatte
Dr. Karoon Agrawal
Dr. K Sridhar
Dr. V. Bhattacharya
Dr. Rajeev Ahuja
Dr. G. Karthikeyan
Dr. Surajit Bhattacharya
Dr. Sapana Nere
Dr. Ramesh Sharma
Dr. Mahesh Prabhu
Dr. A. K. Singh
Dr. Mukund Thatte

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For queries and feedback, and offers for residents, mail us at  
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